

**PRESENTED BY RYAN HAUGHTON**

Operational Assurance Group

Safe Systems of Work & Industrial Risk Control Specialists

Revision 2.0  
16/04/2026

# **DYNAMIC RISK ASSESSMENT CHECKLIST (DRA/TRA)**

**A PRACTICAL CHECKLIST & TEMPLATE EXAMPLE TO ENSURE  
SAFE TASK EXECUTION.**



**OPERATIONAL  
ASSURANCE GROUP**

SPECIALISTS IN SAFE SYSTEMS OF WORK  
& INDUSTRIAL RISK CONTROL

# Task Risk Assessment (TRA) & Dynamic Risk Assessment Toolkit

## A Practical Checklist & Template for Safe Task Execution

### Operational Assurance Group

---

#### 1. Executive Summary

This document provides a practical, checklist-based toolkit for conducting Task Risk Assessments (TRA) and Dynamic Risk Assessments within industrial environments.

Developed by Operational Assurance Group, it is designed to support frontline teams and supervisors in identifying risks in real time, applying effective controls, and making safe decisions during live operations.

---

#### 2. Purpose

- Provide a simple, structured TRA process
  - Support real-time risk assessment and decision making
  - Reinforce safe behaviours and supervisor oversight
  - Ensure compliance with UK health and safety legislation
  - Deliver a practical, usable site tool
- 

#### 3. Our Mission

“To protect people and businesses by delivering practical, audit-ready safe systems of work and risk control solutions that enable confident operational delivery.”

---

#### 4. Core Principles

##### Safety as Standard

No task is carried out without understanding and controlling risk.

##### Built for the Real World

Designed for use in live, fast-paced environments.

##### Compliance Without Complication

Simple, effective, and compliant approach.

### **Operational Alignment**

Reflects real working conditions and constraints.

### **Audit-Ready by Design**

Clear, traceable, and structured outputs.

### **Clear & Direct Communication**

Easy to understand and apply at point of work.

---

## **5. What is a Task Risk Assessment (TRA)?**

A TRA is a short, task-specific risk assessment carried out immediately before work begins, focusing on the actual conditions at the point of work.

---

## **6. Step-by-Step TRA Process**

### **Step 1: Stop & Think**

- Do I understand the task?
- Is there an approved method statement / permit?

### **Step 2: Identify Hazards**

- What could cause harm?
- What has changed since planning?

### **Step 3: Assess the Risk**

- How likely is harm?
- What would the consequence be?

### **Step 4: Apply Controls**

- Are existing controls in place?
- Do additional controls need to be applied?

### **Step 5: Confirm Understanding**

- Has the team been briefed?

- Does everyone understand their role?

#### **Step 6: Proceed or Stop**

- Safe to proceed?
  - If not, stop and escalate
- 

### **7. TRA Prompting Questions (Checklist)**

#### **Task & Planning**

- Is the scope clearly understood?
- Is this aligned with the method statement?

#### **Hazards**

- What are the key hazards?
- Are there any new or unexpected hazards?

#### **Controls**

- Are controls in place and effective?
- Are permits required and in place?

#### **Environment**

- Weather conditions?
- Lighting, access, space constraints?
- Interaction with other activities?

#### **Equipment & Materials**

- Is equipment suitable and inspected?
- Are substances being used safely?

#### **Human Factors**

- Competence of personnel?
  - Fatigue, stress, or time pressure?
  - Communication and supervision levels?
-

## 8. Dynamic Risk Assessment (DRA)

Dynamic Risk Assessment is the continuous process of identifying and managing risk as conditions change during a task.

### Key Principle

If conditions change, the risk assessment **must** change.

---

## 9. Dynamic Risk Assessment Triggers (STOP & REASSESS)

Stop work and reassess **if**:

- Conditions differ from plan
  - New hazards are identified
  - Controls are not working
  - Weather/environment changes
  - Equipment failure or defect
  - Personnel change or competence concerns
  - Unexpected interactions with other work
  - Near miss or incident occurs
- 

## 10. Supervisor Sign-On Checklist

Before work starts, supervisors **must** confirm:

- Method statement and risk assessment reviewed
- TRA completed at point of work
- Team briefed (toolbox talk completed)
- Permits in place (if required)
- Controls implemented and verified
- Equipment inspected and suitable
- Emergency arrangements understood

Supervisor Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date/Time: \_\_\_\_\_

**DYNAMIC RISK ASSESSMENT**  
How to Perform a Dynamic Risk Assessment?

**Identify the Risk**  
Spot and acknowledge a source of risk. This might be a known violent person entering your retail location, a piece of equipment being found faulty, or a second person not turning up to help with a task.

**Assess the Risk**  
Measure the risk of the developing situation. Is the risk large enough to merit further consideration or immediate action?

**Consider Mitigation**  
Can a worker safely continue with a task, and do they have the controls or tools they need to prevent mitigate risk?

**Proceed / Delay**  
Consider whether it is safe to process and either take the necessary steps to make a task safe or delay the task until it can be made safe, speaking with superiors & colleagues if possible.

### 11. Simple TRA Template

Task Description: \_\_\_\_\_

Location: \_\_\_\_\_

Date/Time: \_\_\_\_\_

Supervisor: \_\_\_\_\_

#### Hazards Identified

•

•

## Control Measures

- 
- 
- 

## Environmental Considerations

- 
- 

## Human Factors

- 
- 

## Decision

Safe to Proceed  Stop & Escalate

---

## 12. UK Regulatory Framework and HSE Alignment

### Health and Safety at Work etc. Act 1974 (HSWA)

- Duty to provide safe systems of work

### Management of Health and Safety at Work Regulations 1999 (MHSWR)

- Requires risk assessment and control measures

### Construction (Design and Management) Regulations 2015 (CDM)

- Requires planning and safe execution of construction work
- 

## HSE Guidance

- HSG65: Managing for Health and Safety
  - INDG163: Risk Assessment Guidance
-

---

### **13. What Sets Operational Assurance Group Apart?**

#### **Practical Delivery**

Tools designed for real-world use

#### **Audit-Ready Outputs**

Structured, compliant documentation

#### **Industry Expertise**

Experience across high-risk sectors

#### **Continuous Improvement**

Keeping systems effective and current

---

### **14. Conclusion**

Effective TRA and Dynamic Risk Assessment are critical to safe task execution.

By embedding simple, structured processes at the point of work, organisations can ensure risks are actively managed and work is carried out safely and confidently.

Operational Assurance Group provides the expertise to deliver this in practice.

---

### **15. Contact**

Operational Assurance Group Specialist Consultancy in Safe Systems of Work & Industrial Risk Control

For further information or support, please get in touch.

**Website Contact:** [www.operationalassurancegroup.com](http://www.operationalassurancegroup.com)

**Email Contact:** [info@operationalassurancegroup.com](mailto:info@operationalassurancegroup.com)

**Telephone Contact:** 07734 370849